

Digital Health in Canada: Transforming Health Care Through Innovation

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Canadian Context

Canada: Large Country, Small Population

- Second largest country in the world
- Population density among the lowest in the world: (33 million people or 3.5/km2)
- Concentration:
 - Toronto area, Ontario
 - Montreal, Quebec
 - Vancouver area, British Columbia
 - Calgary-Edmonton, Alberta







Canada's Health Care System

- Federal government sets and administers national health care principles
 - Federal health transfers • cover about 23 per cent of provincial and territorial health spending
- 13 provincial/territorial governments plan, finance, manage, evaluate their health services
- ~ 80 health regions coordinate care delivery





How Much Will We Spend on Health in 2016?



Source: National Health Expenditure Database, Canadian Institute for Health Information.



Health Spending as a Share of GDP has Trended Upward Over the Last 40+ Years



Sources: National Health Expenditure Database, CIHI; Statistics Canada; The Conference Board of Canada.



Where is Most of the Money Being Spent? The share of hospital spending has declined since 1975 as shares of spending on drugs and other expenditures have increased



Sources: National Health Expenditure Database, CIHI; Statistics Canada; The Conference Board of Canada.



Who is Paying for These Services?



Sources: National Health Expenditure Database, CIHI; Statistics Canada; The Conference Board of Canada.

The Share of Health Spending on Seniors



Sources: National Health Expenditure Database, CIHI; Statistics Canada; The Conference Board of Canada.



How does Canada Compare Internationally?



Note: Total current expenditure (capital excluded). Expenditure data is based on the System of Health Accounts. Source: OECD Health Statistics 2016 (June edition).



About Infoway

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Canada Health Infoway

- Established in 2001
- Independent, not-for-profit corporation
- Equally accountable to 14 F/P/T governments; the Members
- Independent Board of Directors appointed by the **Members**
- Since inception, \$2.15 billion in capitalization from federal government





Infoway's Vision: Healthier Canadians Through Innovative Digital Health Solutions





Three Waves of Digital Health Innovation

Building blocks

- Foundational infrastructure for digital health: investments in six core components of an electronic health record (EHR)
- Digital tools for clinicians
 - Electronic medical records (EMRs)
 - Expansion of telehealth
 - Public health surveillance solutions
- Empowering patients
 - We are in this wave now
 - Focus on improving the patient experience and enhancing patient safety



The First Wave

- Foundational infrastructure for digital health: investments in six core components of an electronic health record
- Leadership in architecture, standards, privacy
- Pan-Canadian strategy





Progress: Electronic Health Record User Adoption Landscape



The Second Wave: Digital Tools for Clinicians

- Electronic medical records
- Expansion of telehealth
- Public health surveillance solutions



Family Physicians in Canada Using Electronic Medical Records: Commonwealth Fund Surveys





Estimated Aggregate Benefits of \$16 Billion Since 2007





The Third Wave: Empowering Patients

- Improving the patient experience
- Enhancing patient safety
- Access
- Coordination
- Transformation





Recent Survey Results: Access to and Interest in Virtual Care Services





Government Priorities



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Federal Government Priorities

- Homecare and palliative care
- Mental health
 - Access to care
 - Youth
- Care for First Nations/Indigenous and remote populations
- Prescription drug abuse (opioids)
 - Fentanyl crisis



Health Minister Jane Philpott - family physician





Our Strategy



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Summary Corporate Plan 2017-2018

Four goals:

- Promote medication safety through e-prescribing.
- Scale and spread innovative solutions.
- Connect Canadians with their health information.
- Provide digital health leadership.







E-Prescribing

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- Enable community-based prescribers to electronically transmit a prescription to a patient's pharmacy of choice
- Reduce the use of paper prescriptions optimize existing drug information system investments
- Enhance patient safety, improve continuity of care, and facilitate better health outcomes

Infoway's Objective

To create, operate and maintain a financially self-sustaining e-Prescribing Service that will be the long time "go to" solution of choice for e-transmission of prescriptions for government, prescribers, and pharmacies for the ultimate benefit of the patient. Benefits derived from the service will be meaningful to all key stakeholders.



Health Canada's Action Plan On Opioid Misuse

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"Supporting better prescribing practices:

- Promote prescription monitoring programs
- Examine pharmacy records
- Share information with PT licensing bodies
- **Canada Health Infoway e-prescribing** solution"





Consumer Health

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Consumer Health Investment Program

Infoway is investing in consumer health solutions that Canadians are most likely to use and those with high patient and health system value



e-Booking, allowing patients to choose appointments convenient for them, receive reminders, and make changes when needed



e-Visits, including secure messaging and video visits



e-Renewals, so patients can request prescription renewals online



Online access to health records, e.g., laboratory test results, children's immunizations, and other components with high value



Telehomecare, allowing the electronic transmission of patient data (e.g., symptoms, vital signs) from a patient's home to a health care provider for monitoring and support over a specified time period

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Positive Outcomes from Telehomecare in Ontario



Source: Ontario Telemedicine Network, Patient Experience Survey







My HEALTH NS	Home Messages	Health Records	Providers	Account		Lo	g out, Patient
-							
Patient -						🚔 Print H	ealth Records
Medications					Curr	ent medications only	+ Add
Drug ^	Directions			Last Modified Date 🗢	Status 🗢	Source 🗢	
Amblen (5 mg)	1 x 5 mg per day			Jan 31, 2014	Taking	Provider	*
penicillin G benzathine				Oct 19, 2016	Taking	Patient	¥
intramuscular syrg 1,200,000 u	nit/2 mL						
Thyroxin (7.5 MG)	1 x 7.5 mg per day			Jan 31, 2014	Taking	Provider	¥
Allergies - Medication							+ Add
Allergy	Reactions			First Occurrence	Status	Source	
Sulfa Drugs	Breathing Problems, Dizz	iness			Active	Provider	Ŧ
Allergies - Environmental	or Food						+ Add
Allergy	Reaction			First Occurrence	Status	Source	
The patient has no known enviro	onmental or food allergies, updated	l Mar 16, 2016. Re-confi	rm Status				







Post a Talkabout Talk to other Big White Wall members who may be experiencing the same thing as you.



Create a Brick Express your feelings by creating a Brick using pictures and images.



Assess Yourself

Take assessments to set goals and track your progress.



Find Useful Stuff With over 200 articles on Big White Wall, you can understand more about how you are feeling.



Join a Program Register for on-line guided support courses using recognized therapies.



Make Friends

Connect with other Big White Wall members who feel like you so you can support each other.













🥹 dialogue

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Better health for your employees, anytime, anywhere.

Dialogue is a comprehensive, virtual care platform that offers Canadian employers a range of services to keep their teams engaged, healthy, and performing at their highest potential. We have your employees' wellness and health at heart.





Our Vision

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Our vision is to enable Canadians to hold and share their health information, empower them to take control of their own health, and create a more seamless interaction with their care team



Enabling Canadians to hold and share their own health information will have a transformative effect on health care delivery in Canada by improving the flow of information and delivering more effective clinical decision-making



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Enabling Innovation in Care Delivery







THANK YOU!

