



Surface Skin Blood Flow Dynamics During Muscle Contraction Using Filtered Camera

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Education

Naoki Yamamoto



- **Bachelor of Engineering** ~ 03/2023
The University of Electro-Communications
Management Science and Social Informatics Program
- **Master student** 04/2023~
The University of Electro-Communications
Department of Informatics

Background

Muscle Active State



- Rehabilitation
- Development of Sports Science

Conventional

Electromyography



Thermography



Near Infrared Spectroscopy(NIRS)



Muscle contraction force

The amount of heat generated

Oxygenation kinetics

Problem

- Electrode attachment (contact)
- Noise influence is large.

Problem

- Expensive
- Non real time

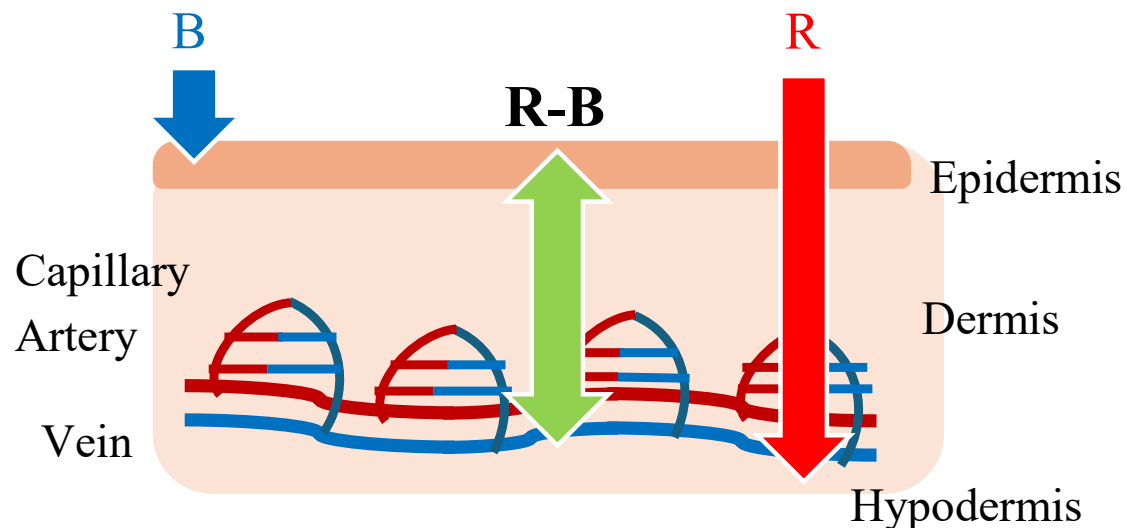
Problem

- Expensive



Non-contact, Low-cost, Real-time, and General-purpose methods

Previous research



Real image



R-B value : Subcutaneous blood flow changes



Time-series data analysis

Estimated changes in surface skin blood flow

Previous research[1]

Measurement area: **Nose**

Assessment: **Autonomic Nerves Activity**

Previous research[2]

Measurement area: **Biceps brachii muscle**

Assessment: **Muscle Activity**

1.M. Shimizu, Y. Matsumoto, N. Itakura, K. Mito, T. Mizuno, "Evaluation of Methods for Estimating Autonomic Nervous Activity Using a Web Camera", 27th International Symposium on Artificial Life and Robotics (AROB), 2022/1

2.N. Yamamoto, M.Shimizu, N. Itakura, K. Mito, T. Mizuno, "Surface Skin Blood Flow Dynamics During Muscle Contraction Using Real Images", Graduation Thesis, The University of Electro-Communications, 2022/2

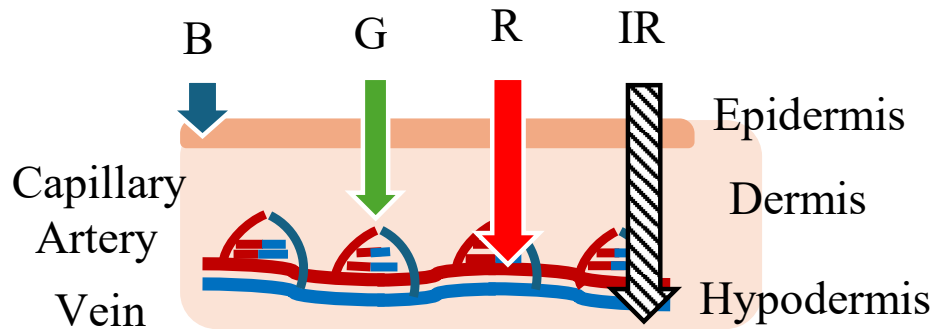
Problem

Acquisition rate and wavelength boundaries of R, G, and B values are unknown due to automatic sensitivity adjustment of the camera

Purpose

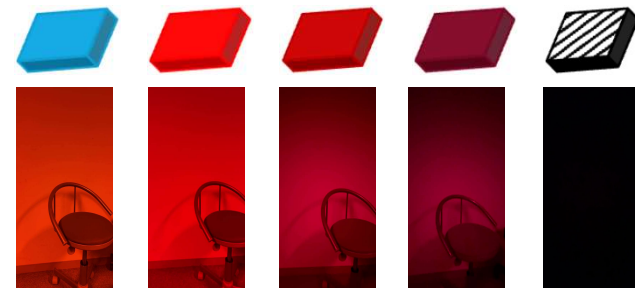


Study of a measurement method that uses a filter to narrow the range of the R value and increase the acquisition rate of the near-IR value



Adopt filters that can be taken in indoor lighting

560~ 600~ 640~ 660~ 700~nm



IR component = transmittance **high**
→ Possibility of high precision measurement ○



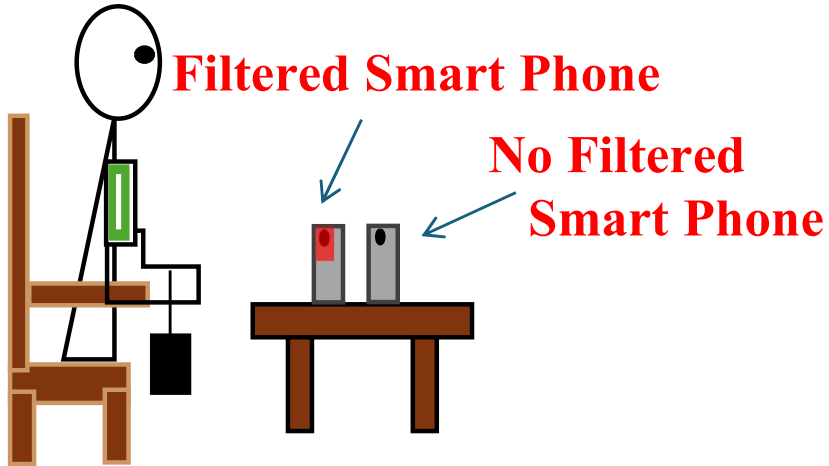
R value of conventional method



Cut off R value of this method

Isometric contraction Experiment

Terms



Pass filter(4types)



560~ 600~ 640~ 660~

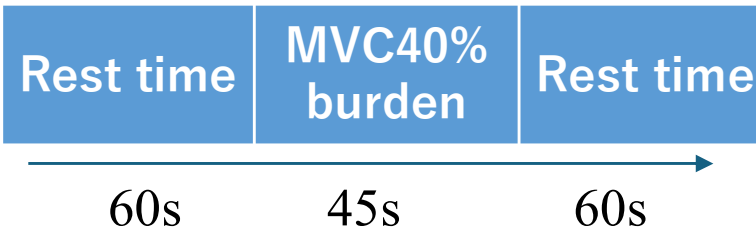
Measurement area Biceps brachii muscle

Assessment Muscle Activity

- Number of subjects: 6(20's male)
- Under fluorescent light with stable light intensity
- **Simultaneous shooting with two smartphones** (Full HD, 30fps)
- Weight load → Maximum exerted muscle strength(MVC)40%

Procedure

Measure MVC 3 times for 10 sec.
Averaged at 2, 5, and 8 seconds



Four times in total with different filters

Analysis Method



Filtered



No Filtered



Within the green frame(Black area)



Average of component value

Result (B value)

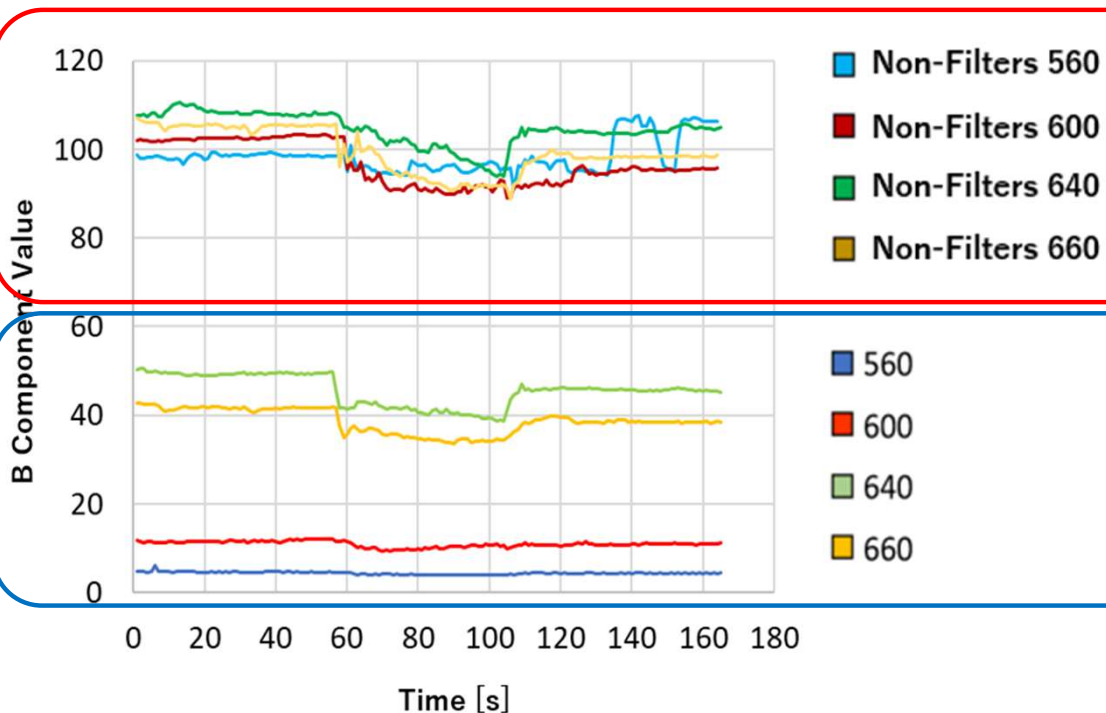


Fig. B Value

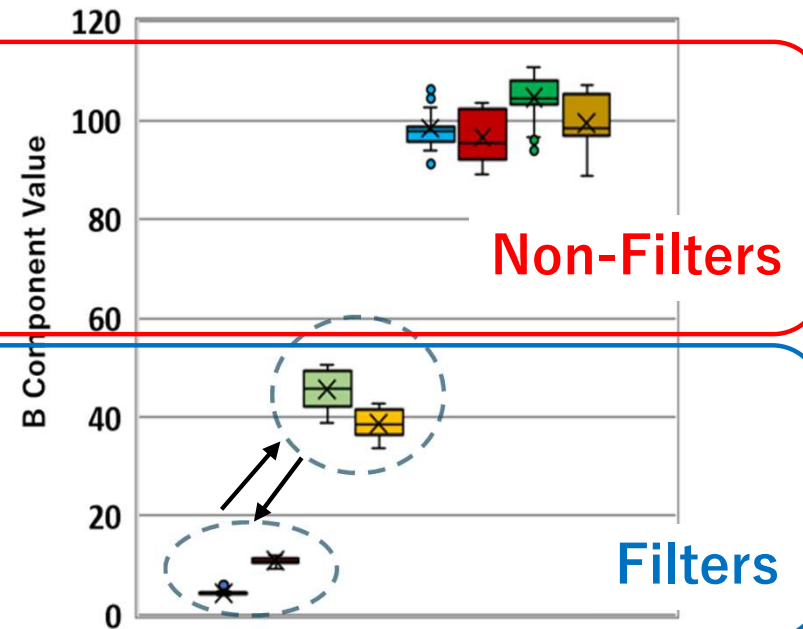


Fig. Box-and-whisker diagram of B value

Non-Filters

B value : ~epidermis (Hypodermis~~X~~)

During Muscle load → Decrease

→ Light is penetrating into the interior of the skin

Filters

Filter's cut off frequency ↑ → Amount of light transmitting ↓

Expectation

560, 600 > 640, 660

Result

560, 600 < 640, 660

→ Caused by camera's sensitivity adjustment function

Result (R value)

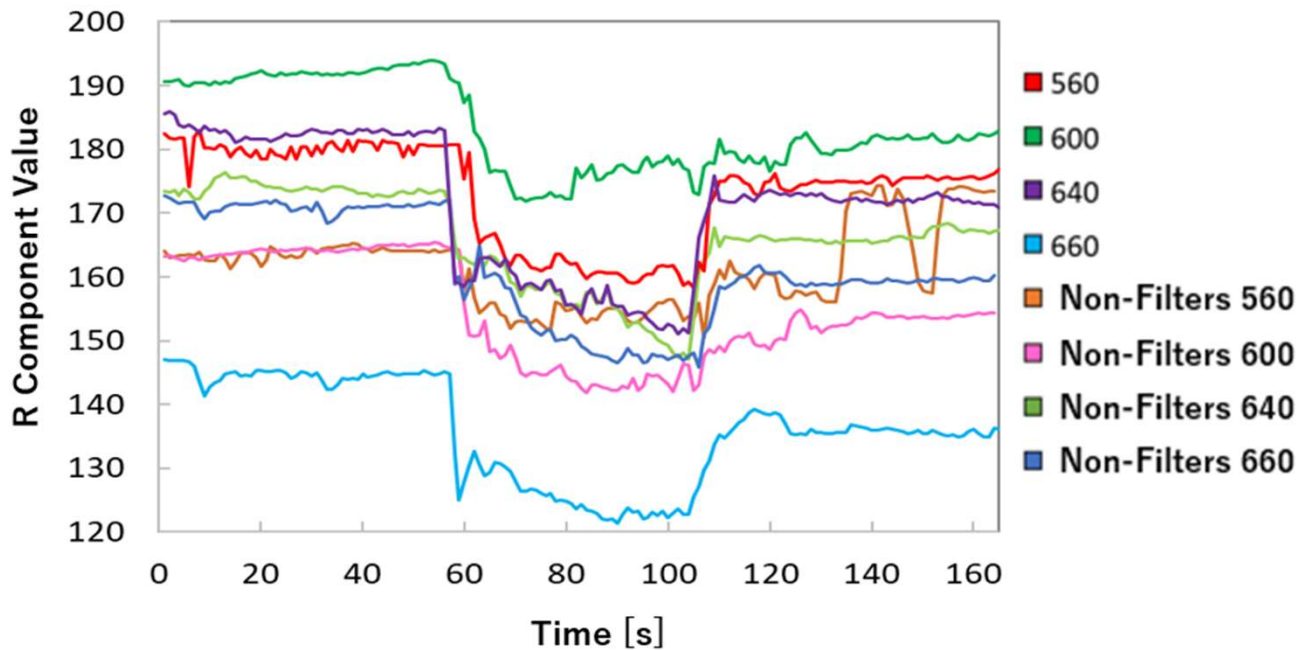


Fig. R Value

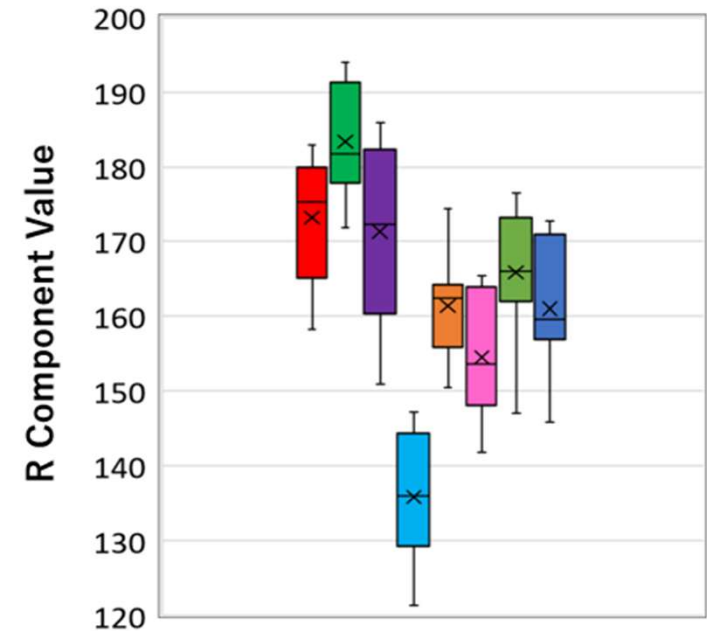


Fig. Box-and-whisker diagram of R value

Similarly to B value...

Filters → Amount of light transmitting ↓

Filters > Non-Filters

→ **Caused by camera's sensitivity adjustment function**

Prevent

Measurement in areas with stable light levels

Summary

Purpose

Investigation of the usefulness of a method for estimating surface skin blood flow dynamics using wavelength component values in the vicinity of near-infrared light wavelengths.

Result

Filtered : B component: Large number of filter cutoffs

➔ B component \doteq IR component

R component: Increased filter blocking rate

➔ Decreased capillary blood flow that can be obtained
Increased deep blood flow

➔ Application to limited uses such as medical care

Problem

- Use of filters under lighting with more stable light levels
 - ➔ How light intensity affects measurement accuracy
- Develop a program that does not adjust sensitivity
- Explore filters that maximize the range of blood flow that can be obtained