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Leveraging Voice for Early Detection of Chronic Kidney Disease: Enabling Continuous Monitoring in Remote Healthcare

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Problem

- **The kidney disease** is a state that **decreasing of the glomerular filtration rate(GFR)**, which refers to **the degree of waste removal in the kidney** is defected, or **structural or functional decrease** of the kidney are shown.
- A case where this decrease in kidney function lasts for **more than 3 months** is called the **Chronic Kidney Disease (CKD)**, ultimately causing the need for **dialysis** and **renal replacement therapy**.
- Since decreased renal function is **not easily recognized**, **regular checkups** and **continuous monitoring** are important.
- However, existing diagnostic methods, relying solely on **blood and urine tests**, pose challenges for **continuous monitoring and diagnosis**.
- Accordingly, **an auxiliary indicator** capable of diagnosing CKD **non-invasive** and **repeatedly** is needed.

Hypothesis

- Based on clinical studies (Kumar et al., 2010 & Zaky et al., 2020) that **decreased renal function could affect lung and vocal cord function**, we were able to hypothesize that **the patient's voice could be an auxiliary indicator**.
- If a patient's **health indicator that can be measured without a hospital visit** is added, its diagnosing performance will increase without clinical measurements.

Table 1. Mean and SD of Acoustic Parameters for Vowel /a/ in Both the Groups (Males)

Parameters	Normal Group		Clinical Group	
	Mean	SD	Mean	SD
Fundamental frequency (F_0)	127.132	5.984	148.232	4.326
Jitter factor	0.797	0.297	2.534	0.487
Shimmer	0.6226	0.422	2.321	0.567
Rate of fluctuation in F_0	3.547	0.225	7.812	1.154
Extent of fluctuation in F_0	3.594	0.135	6.345	0.623
Rate of fluctuation in amplitude	0.730	0.213	4.245	0.232
Extent of fluctuation in amplitude	1.305	0.412	4.645	0.234

Kumar, R. B., & Bhat, J. S. (2010). Voice in chronic renal failure. *Journal of Voice*, 24(6), 690-693.

Data Descriptions

- Participants recorded six sentences, including a self-introduction.
 - 538 individuals aged 20+ included in the study.
 - Dataset contains 887 records of hospital visits, including initial and follow-up appointments.
 - Follow-ups were scheduled quarterly

TABLE I
DATASET DESCRIPTION WITH MERGED CELLS.

Stages	# of patients	# of visits	Severity
CKD 0	52	70	Non-critical
CKD 1	77	104	
CKD 2	135	205	
CKD 3	178	339	Critical
CKD 4	75	141	
CKD 5	20	28	

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Data Description: Health

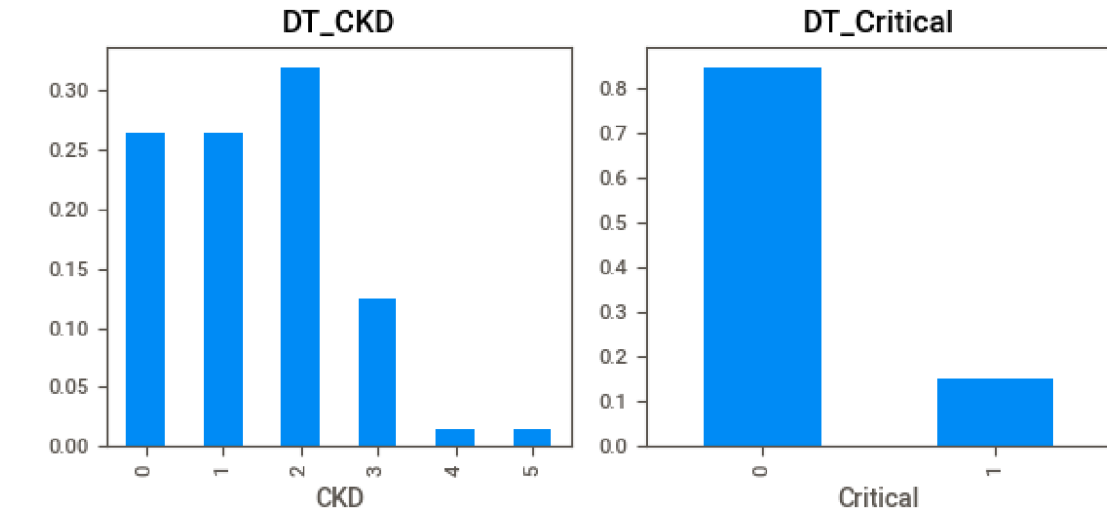
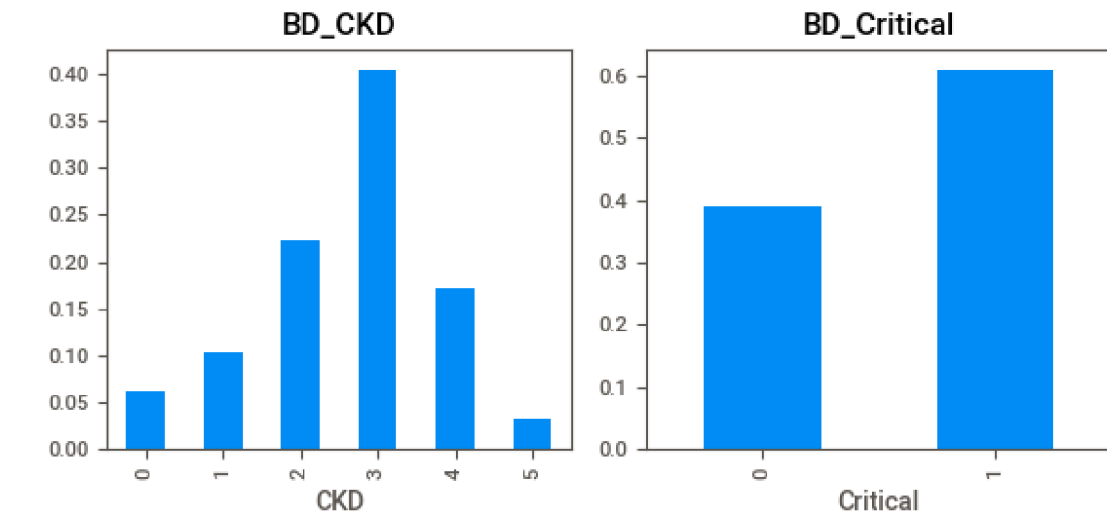
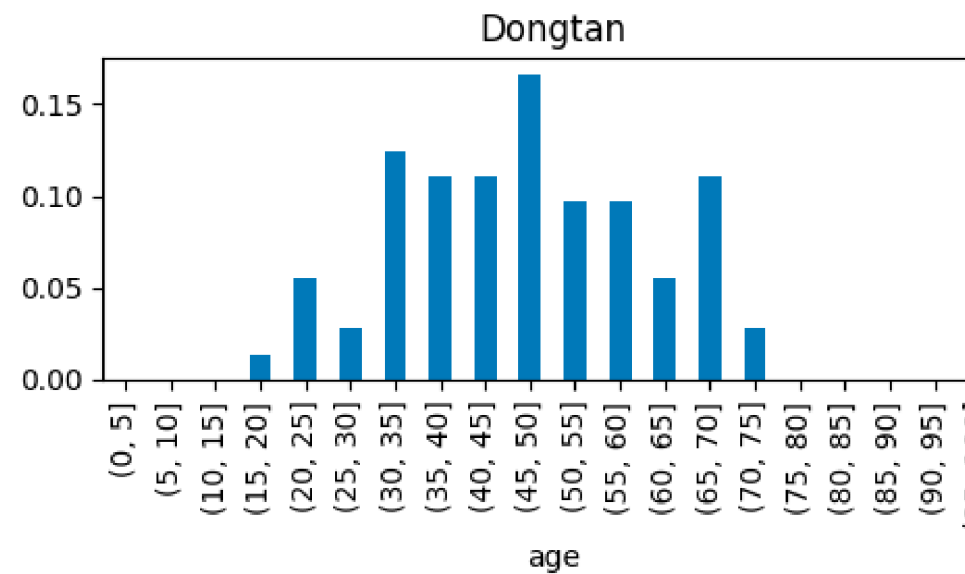
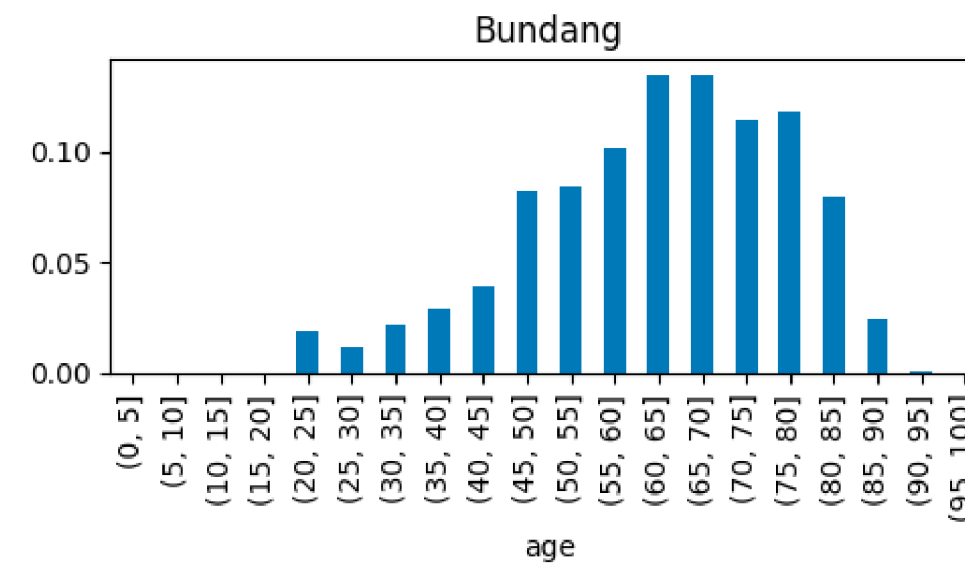
- Select health indicators that can be known **without visiting the hospital**
- SHAP assumes **independence** between features, so choose only BMI out of weight, height, and BMI
- Indicators related to vital sign, such as SBP, DBP, and PR, are **more difficult to measure** and **fluctuate** than other indicators. Therefore, it is excluded because it is **not suitable for the purpose** of easy remote monitoring

sex	age	BMI
int	int	float

Hyper-tension	Diabetes	Heart Failure	Cancer	CVD	CVA
bool (True: 1 False: 2)	bool	bool	bool	bool	bool

Simple EDA

- Patient data collected from two hospitals (Bundang, Dongtan) were used
- CKD 0~2 is Non-critical(0) and 3~5 is Critical(1)
- The distribution of each group is quite different, and the number of samples from Dongtan is significantly less than the data from Bundang



Experiments Setting

- **Three major experiments** were conducted as follows to prove that speech can be used as an auxiliary indicator in Critical judgment.
- All experiments were conducted for **all the data settings** mentioned in the following slides.
- **SVC, XGBoost, Liner Regression** and **TabNet** are used and **the WCE Loss** was implemented to deal with class imbalance
- **SHAP** and **PDP** is used for calculate feature importance and interpret ML Models

Step 1:

Check whether it is possible to determine CKD severity with simple health indicators without blood and urine tests

Step 2:

Evaluate the possibility of diagnosing CKD with voice only

Step 3:

See performance improvements when using both voice and health information

Correlation Analysis

- Conducted preliminary analysis to determine correlation between CKD severity (binary variable) and voice features (numerical variables).
- Calculated point-binary correlation coefficient and p-value.
- Identified 72 significant features with p-value < 0.05 .
- Top 10 features include: Age, Hypertension, Diabetes, MeanUnvoicedSegmentLength, spectralFlux sma3 stddevNorm, etc.

$$r_{pb} = \frac{M_1 - M_0}{s_n} \sqrt{\frac{n_1 n_0}{n^2}}$$

TABLE II

TOP-10 FEATURES CORRELATED WITH TARGET VARIABLE.

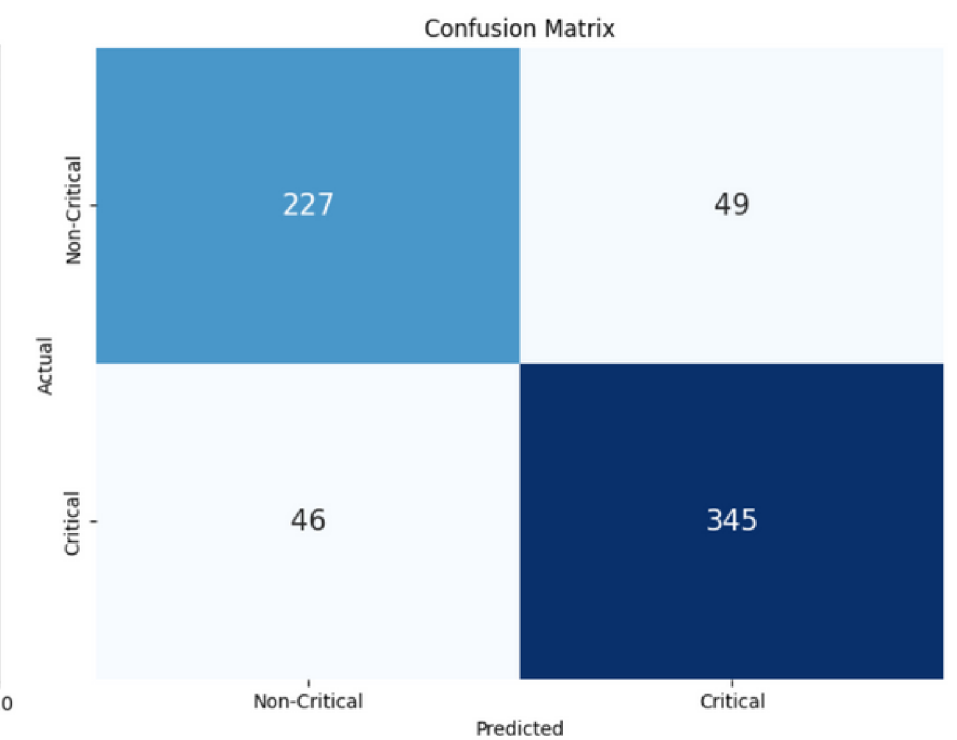
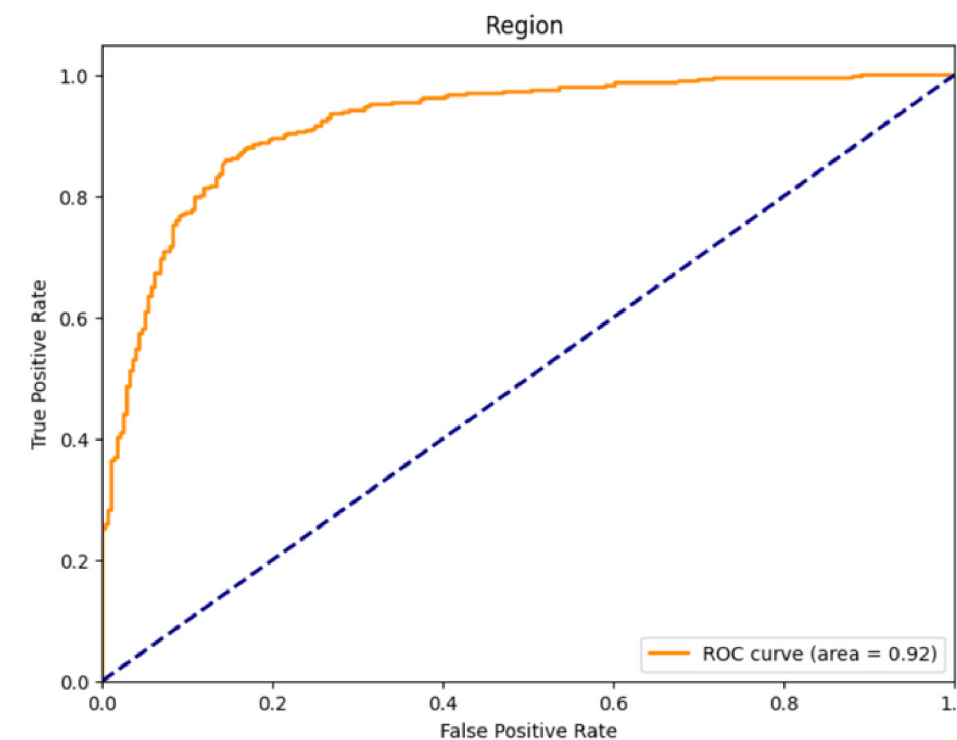
Rank	Feature	abs(r_{pb})	p-value
1	Age	0.372	0.00
2	Hypertension	0.294	0.00
3	Diabetes	0.282	0.00
4	MeanUnvoicedSegmentLength	0.196	0.00
5	spectralFlux sma3 stddevNorm	0.192	0.00
6	MFCC3 sma3 amean	0.166	0.00
7	loudness sma3 stddevNorm	0.165	0.00
8	MFCC3V sma3nz amean	0.162	0.00
9	loudness sma3 percentile20.0	0.158	0.00
10	VoicedSegmentsPerSec	0.157	0.00

Performance Evaluation

- Comparative experiments using health indicators (age, HTN, DM) and vocal features for CKD severity classification.
- Health I (age, HTN, DM)
- Health II (expanded health indicators)
- Superior performance when combining vocal features with health information.

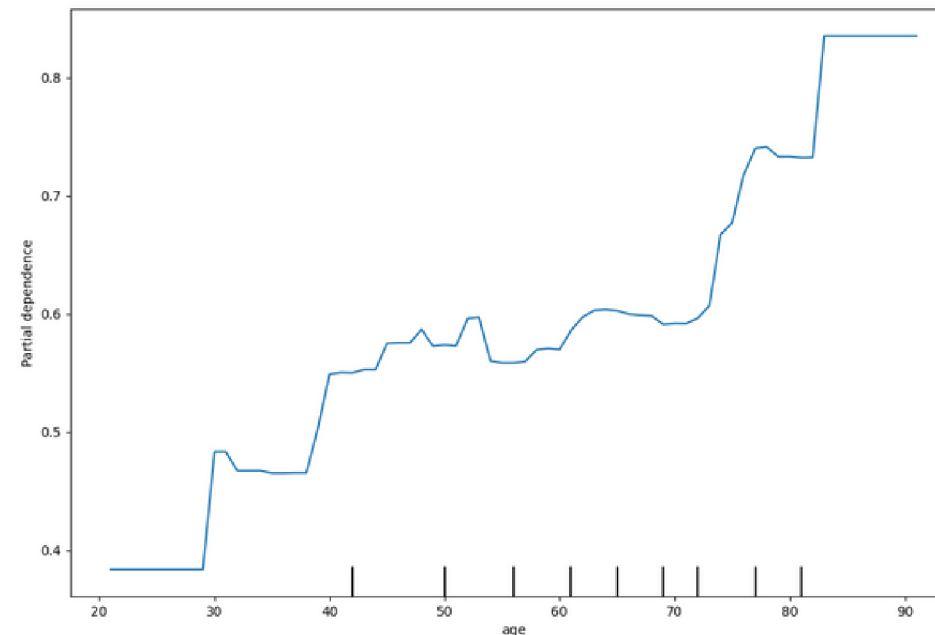
TABLE III
PERFORMANCE EVALUATION.

Feature Set	Model	Precision	Recall	F1	AUROC
Voice Only	SVC	0.719	0.68	0.698	0.73
Voice Only	XGBoost	0.757	0.731	0.706	0.76
Health I	SVC	0.74	0.686	0.71	0.73
Health I	XGBoost	0.795	0.754	0.743	0.84
Health I & Voice	SVC	0.854	0.777	0.814	0.88
Health I & Voice	XGBoost	0.876	0.816	0.826	0.90
Health II & Voice	SVC	0.835	0.83	0.811	0.91
Health II & Voice	XGBoost	0.876	0.882	0.857	0.92

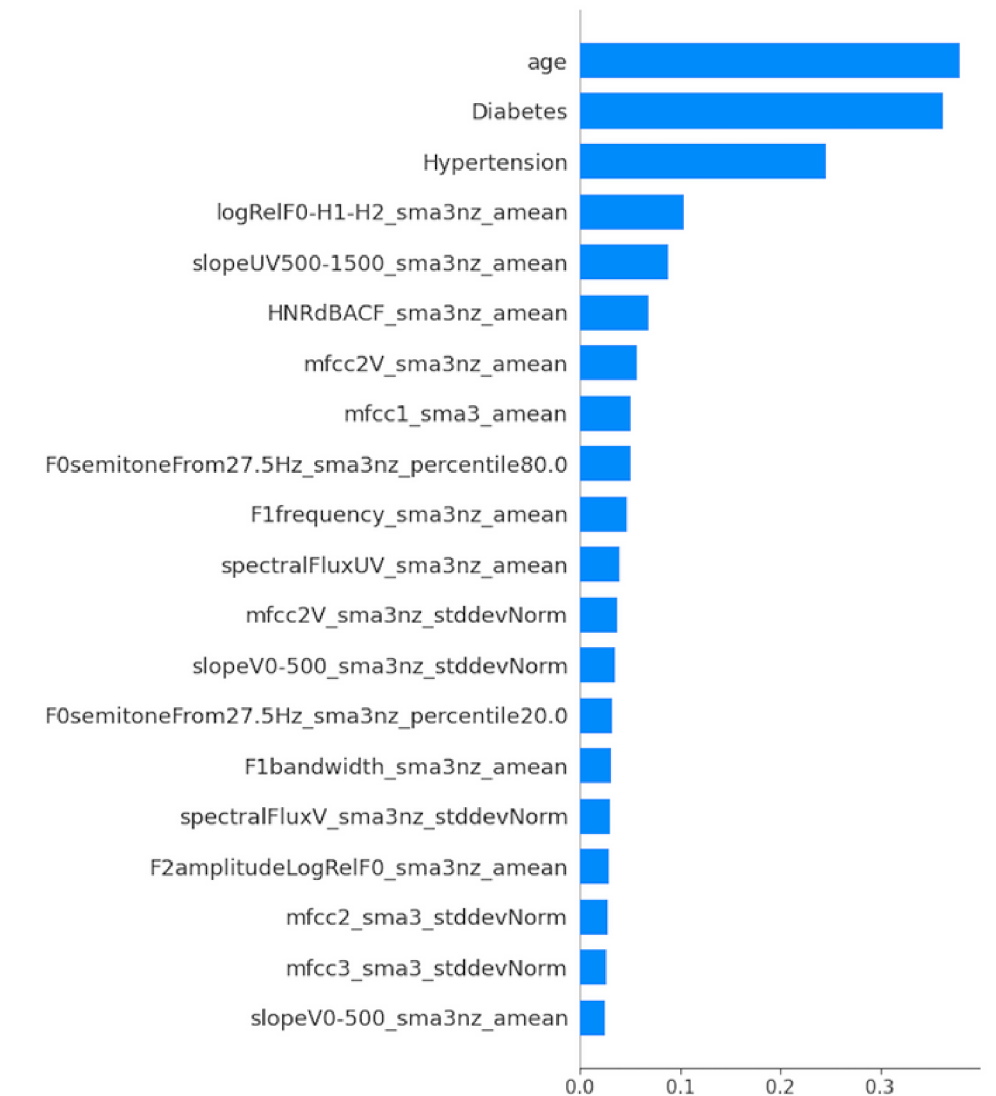


Explainable AI

- Utilized Partial Dependence Plots (PDPs) and SHAP values to evaluate feature significance and impact on predictions.
- Combined PDP and SHAP analyses enhanced model interpretability and confirmed its clinical utility.
- Example analyses demonstrated how voice features improved prediction accuracy, even when basic health indicators were ambiguous.

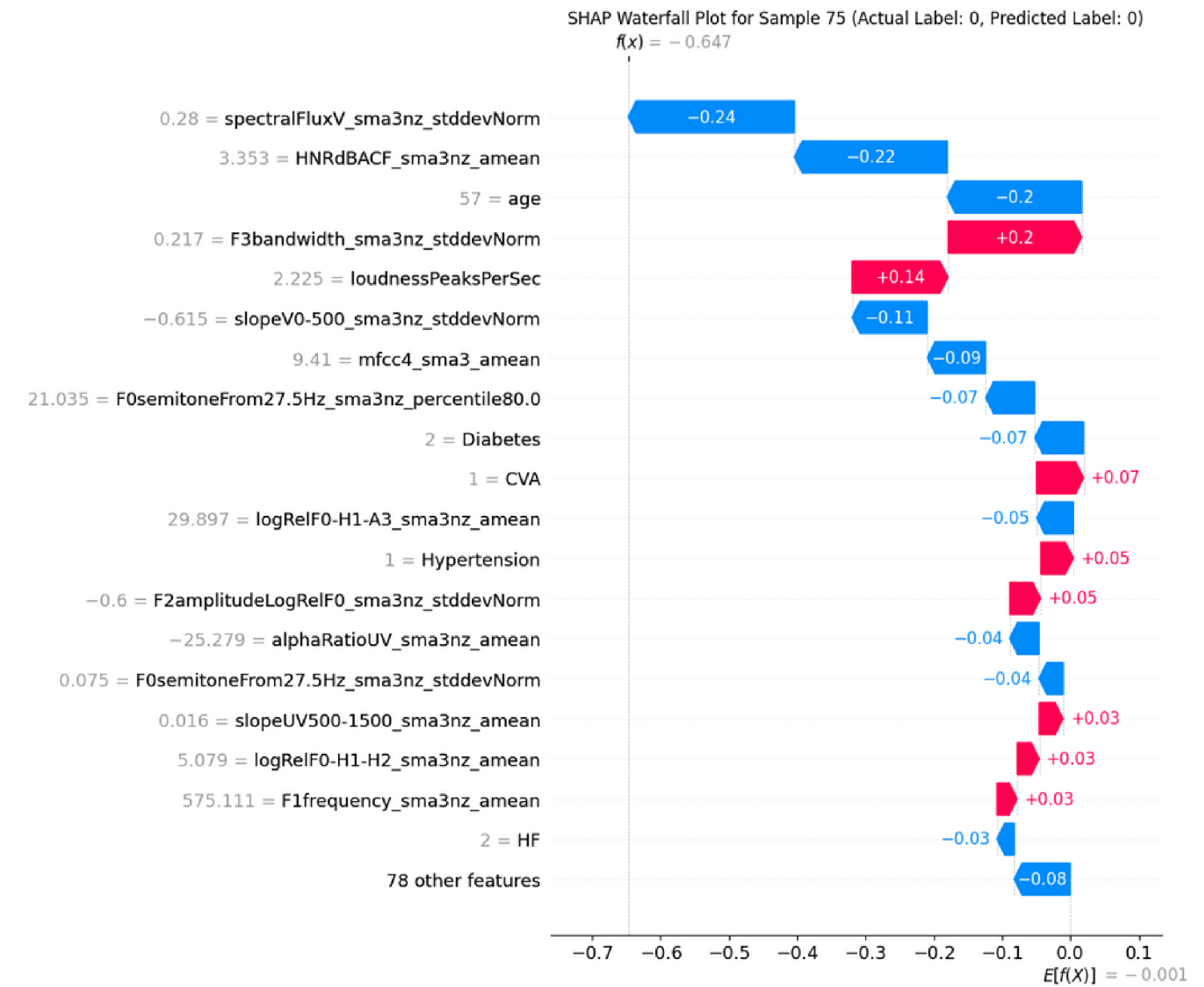
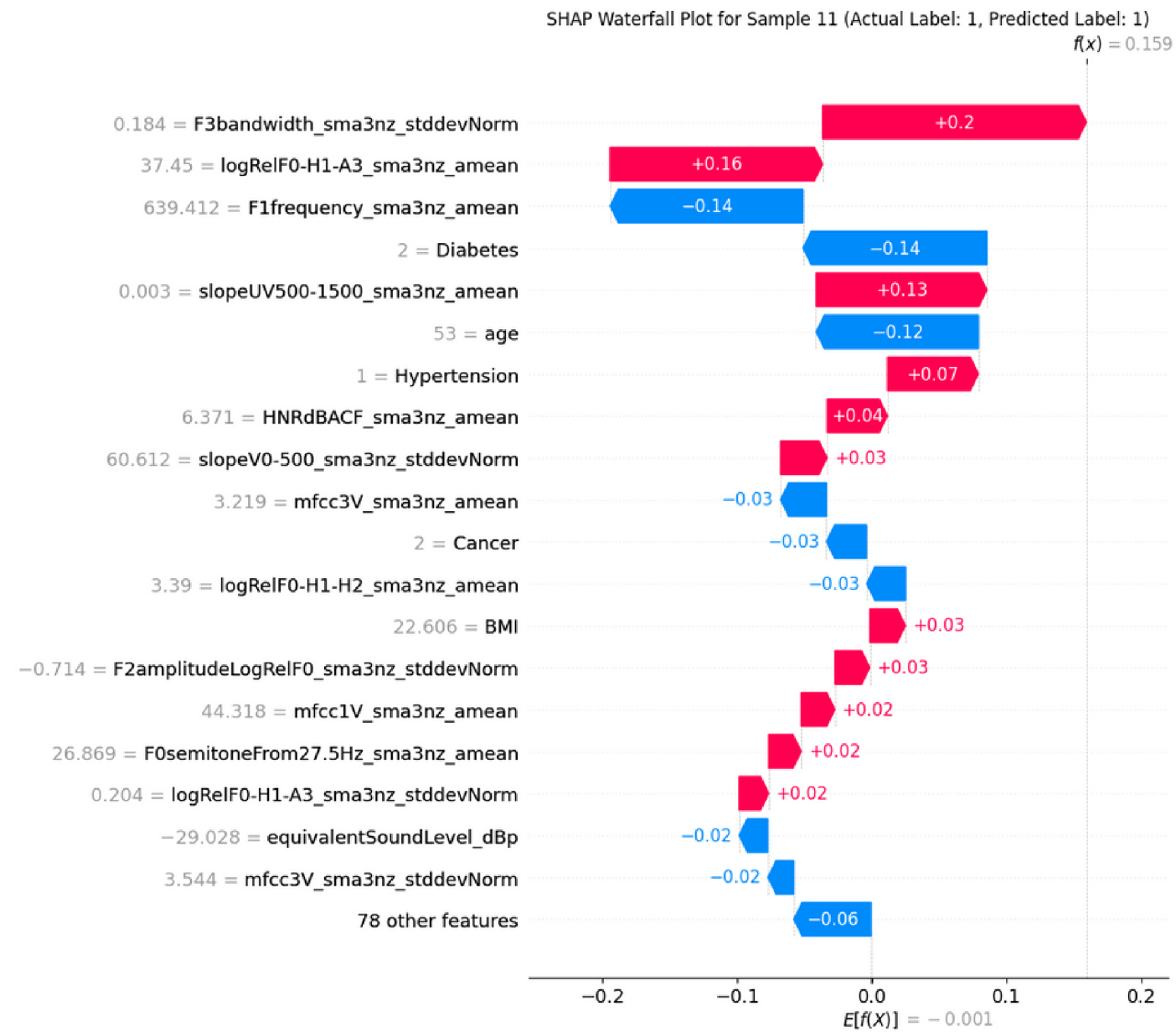


PDP for Ages



SHAP values

SHAP Examples for Individual Predictions



Conclusions & Future Works

- Explored patient voice features as biomarkers for CKD diagnosis alongside traditional methods.
- Demonstrated the accuracy of voice features in classifying CKD severity using machine learning.
- Potential for continuous and remote patient monitoring, particularly for severe cases.
- Plans to refine classification by detailing CKD severity stages, using advanced machine learning and deep learning models.
- Consideration of spectrogram-based voice imaging techniques with CNNs for precise analysis.
- Acknowledgment of the dataset limitation and the need to expand and augment data for more comprehensive research.

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Thank you

If You have Any Questions, Feel Free to Ask.

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